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*Enhancing Youth
Participation through
Facilitation Tools*

TRAINING ACTIVITY 1

“Concepts of Learning and Non-formal Learning”

DETMOLD, GERMANY

Activity Start / End Dates: 6th – 10th February 2023

Agreement number: 2022-1-DE04-KA210-YOU-000081110



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The first activity, titled “*Concepts of Learning and Non-Formal Education*”, was hosted by **Kultur und Art e.V.** in Detmold, Germany.

Arrival and Preparation (February 6th)

Participants arrived in Detmold on **February 6th**, a day designated solely for travel, orientation, and mental and physical preparation before engaging in the upcoming three days of activities.

Official Opening and Hosting Team (February 7th)

The first official activity day commenced on **February 7th** at *Stadthalle Detmold*. The German participants representing the hosting organization were selected from **Kultur und Art e.V.’s** local network under the leadership of **Matthias Wilhelm**, the organization’s legal representative.

To enhance their experience and develop organizational skills, **ESC volunteers** of Kultur und Art were also included in the project organization team. This opportunity allowed them to gain hands-on experience in event coordination while also engaging with new cultures and perspectives.

Participant Structure

As per the project design, each participating country was expected to send **four participants**.

- **Ireland:** The Irish delegation consisted of one legal representative from **UDUG Association**, one project coordinator, and two external stakeholders, considered decision-makers in **Dublin’s local youth sector**. The group comprised **one female and three males**, aged **30 to 36**.



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- **Latvia:** The Latvian participants were **four young professionals** from **Riga**, highly motivated to apply the insights gained from this project to their work in **social youth engagement**. All four participants were **males**, aged **21 to 22**.
- **Türkiye:** The Turkish delegation included **two females and two males**, representing a diverse team of **one project coordinator, two local volunteers, and one external stakeholder** actively working in the field of **youth development**.

This international gathering fostered an enriching exchange of knowledge, experiences, and perspectives on **non-formal education** and **youth engagement**, setting the stage for meaningful discussions and collaborative learning.

Agenda for the 1st Day:

PEOPLE	07.02.2023
CULTURE	Willkommen!
CONNECTION	
10:00- 11:00	Let's get to know each other!!!
11:00-11:30	Coffe Break
11:30-12:30	Introduction (project introduction, fears expectations contributions)
12:30-14:30	LUNCH BREAK
14:30-15:00	MY NGO MY EXPERIENCE
15:00-15:30	NGO FAIR
15:30-16:00	Coffe Break
16:00-17:00	LETS BE A LEADER
17:00-17:30	EVALUATION



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The first official activity day began with **short icebreaker and get-to-know activities** designed to help participants feel comfortable and familiarize

themselves with the environment. These initial exercises aimed to create a welcoming atmosphere and encourage interaction among participants.

Following this, **organizational presentations** were conducted to introduce participants to the project's **goals, objectives, and overall structure**. These presentations covered key aspects such as **project descriptions, target groups,**

planned activities, and the three-day agenda, ensuring that all participants were aligned with the project's mission and expectations.

For the **icebreaker activity**, participants engaged in a creative task where they collaboratively built a "**sugar cube**" structure using profile pictures of each participant. This interactive exercise allowed everyone to physically engage with each other's images, fostering a **sense of connection and inclusivity** right from the start.

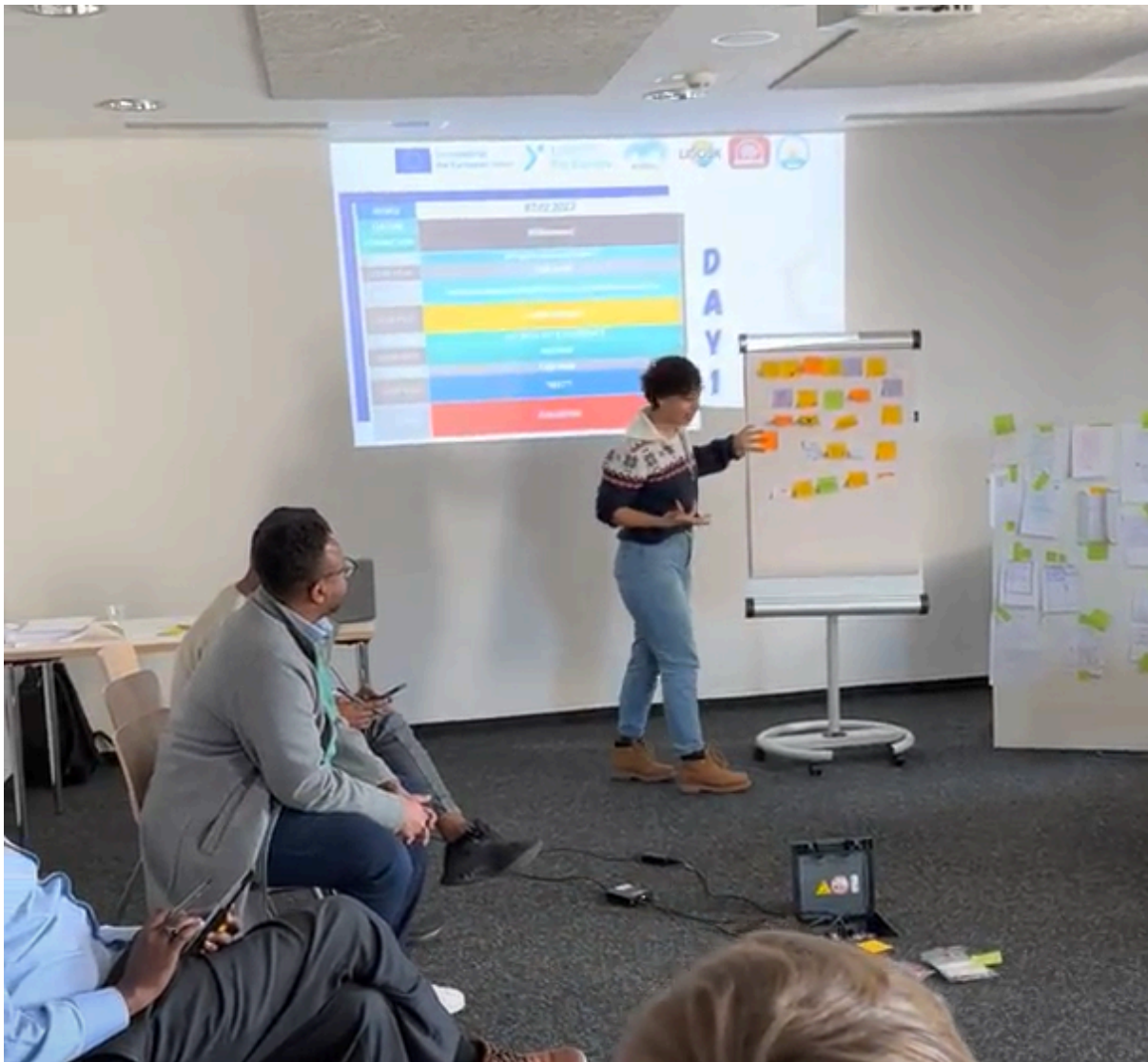




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Following the **get-to-know activities** and **organizational presentation**, the next session focused on **identifying participants' expectations, contributions, and concerns**. This activity provided an opportunity for participants to openly share their thoughts, enabling a more **engaging and inclusive** project experience. By encouraging active participation, the session fostered a sense of **ownership and collaboration**, ensuring that everyone played a meaningful role in both the **implementation** and **facilitation** of the project.





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After lunch, the sessions focused on **introducing partner NGOs** through the **NGO Fair** activity. This interactive session aimed to showcase the **profiles of participating organizations**, allowing young participants in the conference room to explore and benefit from the **youth work initiatives** carried out by these NGOs at the local level.

Additionally, since the participants were **potential employees** and the NGOs **potential employers**, the activity provided a valuable opportunity to **learn about the scope, focus areas, and activities of each organization**. This exchange not only facilitated **networking and professional connections** but also allowed participants who were less familiar with their **sending organizations** to gain deeper insights.

Moreover, the **profile creation process** helped participants reflect on their own experiences and better understand how their involvement in the project could contribute to their **personal and professional growth** beyond the activity itself.





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On the final session of the activity day 1, we introduced a mostly used facilitation tool in the Erasmus+ Youth Work network that is [Salto Youth](#). Since the primary goal of the project is to **enhance knowledge and promote facilitation tools for effective youth work**, and the **first activity focuses on the concepts of learning and non-formal education**, we dedicated a session to the promotion of the **SALTO Youth platform**. This platform serves as a valuable



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resource for both **trainers and trainees**, offering a wealth of **creative non-formal learning activities, methods, and case studies** tailored to specific topics.

During the session, we introduced participants to the **practical applications of the platform**, highlighting its benefits for both **organizational management and project applications**. However, our primary focus was on **encouraging the use of non-formal learning activities**.

To put this into practice, we **divided participants into interculturally diverse groups of 3-4 members** and assigned them the task of **leading a session using a non-formal activity** sourced from the SALTO Youth platform. Aligning with the **three-day training course's core principle, "Everyone is a Leader,"** this approach fostered **responsibility, leadership, and collaborative learning**.

By structuring the activity this way, we ensured that **Days 2 and 3 were participant-led**, allowing individuals to **apply their own experiences, take initiative, and engage actively in the learning process**.

Agenda for the 2nd Day

PEOPLE	08.02.2023
CULTURE	Willkommen!
CONNECTION	
10:00- 11:00	Energizer (Leader is Dancing!) POOR ABIGAIL
11:00-11:30	Coffe Break
11:30-12.30	I am going to be a LEADER! (after this project)
12:30-14:30	LUNCH BREAK
14:30-15:00	Leaders gonna LEAD! LEAD! LEAD!
15:00-15:30	
15:30-16:00	Coffe Break
16:00-17:00	Leaders gonna LEAD! LEAD! LEAD!
17:00-17:30	EVALUATION



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The second day began with an **energizing dance activity**, led by one of the German participants. This energizer aimed to **boost participants' energy levels and improve blood circulation through movement**.

For the activity, participants formed a **large circle** and followed a designated **dance leader's** moves. Meanwhile, one person waited **outside the circle**, unaware of who the leader was. Once the group secretly selected a leader and agreed on the choice, the **leader initiated the dance movements**, while the rest of the participants mirrored them. The person outside was then invited back in and tasked with identifying the **dance leader**. This process was repeated **three times**, reinforcing **group coordination, observation skills, and spontaneous leadership**.

Participant-Led Session: "Abigail's Story"

There was a discussion led by the group about the NEET situation in order to create an idea of international and intercultural awareness and offering possible solutions.

Following the energizer, the **first group** took charge of their assigned session, presenting an activity called **"Abigail's Story"**—a non-formal learning method sourced from the **SALTO Youth Toolbox for Training**.

The activities' link that are implemented during day 2:

- 1: <https://www.salto-youth.net/tools/toolbox/tool/abigail-s-tale.1750/>
- 2: <https://www.salto-youth.net/tools/toolbox/tool/buzz-groups.471/>
- 3: <https://www.salto-youth.net/tools/toolbox/tool/passions-tic-tac-toe.3383/>
- 4: <https://www.salto-youth.net/tools/toolbox/tool/blind-director.1637/>



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The screenshot shows the SALTO website with the following elements:

- Header:** Logos for the European Union, JUGEND für Europa, culture&art, LIDOSK, and the Association of Ireland.
- Navigation:** Links for 'About SALTO', 'Resource Centres', 'Tools', and 'MySALTO'.
- Tools List:** A dropdown menu is open, listing various resources such as 'European Training Calendar', 'Older Partners Finding', 'Toolbox for Training', 'Teachers Online for Youth', 'Call for Trainers', 'NEW QualityMulty app', 'MOOC online learning', 'SALTO Publications', 'SALTO & Evaluation', 'MOOC on Erasmus+', and 'MOOC European Solidarity Corps'.
- STEP 1:** A red arrow points from the 'Tools' menu to the 'Toolbox for Training' option.
- STEP 2:** A red arrow points from the 'More about tools for learning' section to the 'Search for tools' button.
- Footer:** 'Manage* your tools' and 'Search for tools' buttons.



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Agenda for the 3rd Day

PEOPLE	09.02.2023
CULTURE	Willkommen!
CONNECTION	
10:00- 11:00	Energizers/Ice breakers
11:00-11:30	Coffe Break
11:30-12:30	Entrepreneurship tools European Solidarity Corps tools Project managment tools project development tools
12:30-14:30	LUNCH BREAK
14:30-15:00	Leaders gonna LEAD! LEAD! LEAD!
15:00-15:30	
15:30-16:00	Coffe Break
16:00-17:00	Leaders gonna LEAD! LEAD! LEAD!
17:00-17:30	Official CLOSING :)

Contrary to the original agenda, **Day 3** began with an **outdoor activity** at one of Detmold's most iconic and historically significant landmarks—**Externsteine**.



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This change provided participants with an opportunity to experience the **cultural and natural heritage of the region** in an interactive way.

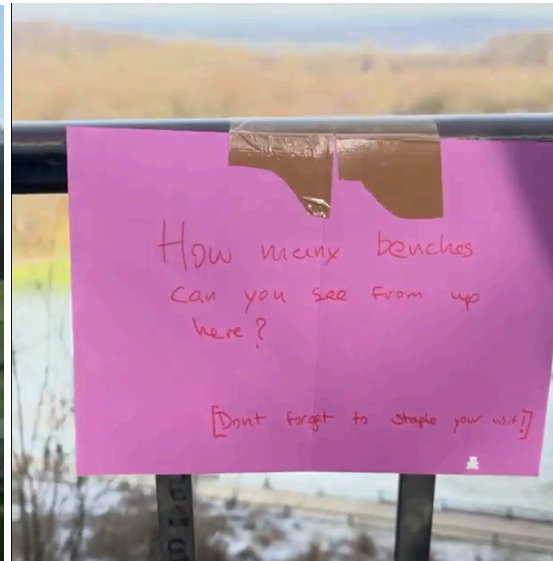
The session was led by **Group 5**, who organized a **Treasure Hunt** activity. This engaging exercise allowed participants to **explore historical sites, immerse themselves in the environment, and experience the surroundings through all their senses**.

The activity was designed to enhance **teamwork, observation, and sensory awareness**, requiring participants to use both their **hearing and visual skills** while working collaboratively to uncover hidden clues. Through this hands-on approach, participants not only **connected with the cultural landscape** but also **strengthened their problem-solving and group dynamics** in a non-formal learning setting.





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After the outdoor activity, we returned to the **Stadthalle conference room** for the **YouthPass Ceremony**, marking the final stage of the program. This session served as a **reflection and evaluation period**, allowing each participant to share their thoughts, experiences, and key takeaways from the **three-day training**.



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We were truly grateful to witness participants **openly expressing their reflections**, discussing how the sessions had impacted them, and sharing the new **knowledge and perspectives** they had gained. It was a proud moment to see that every participant left with **valuable insights and practical tools** to apply in their future **youth work and community engagement**.





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