



Youth Exchange

Punkaharju, Finland

18 - 24 February 2023







DESCRIPTION

FR

About the project

 Social exclusion is a major problem of our time. Social indifference and apathy regarding different social groups and social conflicts, lack of social activity, and methods for improving the situation of socially marginalized groups represent a problem in multicultural communities of Europe. Social exclusion is often a symptom of poverty, conflict and insecurity. The successful social inclusion of marginalized group in multicultural societies of Europe depends largely on how many opportunities for social participation they are given. Members of minority groups are prone to different treatment in the countries and societies in which they live. This discrimination may be directly based on an individual's perceived membership of a minority group, without consideration of that individual's personal achievement. Acquiring alternative and effective instruments for dealing with these issues is necessary and represents a priority. The reduction of the number of persons at risk of poverty or social exclusion in the EU is one of the key targets of the Europe 2020 strategy. The project theme deals with filming short movies by participants on the theme of how they perceive the social exclusion, poverty, homelessness, refugees disability, membership of an ethnic minority, lack of adequate literacy skills, unemployment, family circumstances, addiction problems and similar issues connected to social exclusion, and raising the awareness of general public, government officials and European officials about the existing problem and provoking a solution not only from the officials but from each individual who would see a movie or hear about the problem from a friend.

PRACTICALITIES

- Each country is sending 5 participants + 1 leader (gender balance is a must)
- The project will take place in Punkaharju Finland, at dormitory . (https://www.ikko.fi)
- The participants will be sharing rooms with 3 beds with participants from the other national teams.
- We will provide 3 meals per day served at the venue.
- Please make sure that each participant fill out the application form:

https://forms.gle/2gGCYURSHc9RUdGz7



Objectives:

- FR
- Raising awareness of the reality of social exclusion seen by youth and those that have experience the realms of social exclusion
- Increasing the general public knowledge about the extent and causes of poverty and social exclusion via short creative movies (participants's creativity)
- Changing the attitudes of general public, government officials and European officials, particular stakeholders by making them aware that
 everyone is responsible for finding solution for improved social inclusion
- Making use of new tools and discovering new arenas in the efforts against poverty and social exclusion
- Offering youngsters the opportunity to make their voice heard and to express their view upon fighting against poverty and social exclusion To use filming short movies as a tool for active youth participation
- To cooperate with other organizations from local and European level in order to create a stable and effective network to develop projects
 having as topic fighting against poverty and social exclusion
- Deconstructing stereotypes and stigmas attached to poverty and social exclusion using short movies as tool
- Boosting solidarity between youngsters with different social backgrounds and ensure sustainable development
- Helping youngsters to understand the importance of the project theme by offering them to be involved from their own creative aspect in movies
- Offering a frame, using short movies, aiming at developing the communication and intercultural learning skills of the participants, while working in intercultural teams and small groups
- To involve the local community into the project- creating the "stories"
- Raising awareness within the host and sending communities regarding the overburdening problems of our societies: poverty and social
 exclusion Promotion of a new set of tools, methods and techniques while working with the youngsters
- Creating a network of multipliers able to promote the action against poverty and social exclusion to their peers
- Ensuring the accessibility of the Erasmus + Programme for young people with fewer opportunities Hence, we meet the general objective of the
 Erasmus+ programme which say: The Erasmus + programme shall contribute to the achievement of the objectives of the Europe 2020 Strategy.
 Also we meet and objectives for KA 1 in the field of the youth: improve the level of the competences and skills of young people, including
 those with fewer opportunities, as well as to promote participation in democratic life in Europe and the labor market

FR

TRAVEL INFO

Punkaharju is a former municipality of Finland. It was consolidated with the town of Savonlinna on January 1, 2013.

It was located in the province of Eastern Finland and is part of the Southern Savonia region. The municipality had a population of 3,702 (31 December 2012) and covered an area of 748.12 square kilometres (288.85 sq mi) of which 276.86 km2 (106.90 sq mi) was water. The population density was 7.8555/km2 (20.3457/sq mi). The municipality was unilingually Finnish.[3]

Finnish Forest Museum Lusto and the Finnish Forest Research Institute are located in Punkaharju, which hosts a research forest park open for visitors. In the park some of the tallest trees in the whole Finland can be found, for example pines in the height of 40 metres (130 ft). Punkaharju ridge is a famous national landscape protected by a national reserve.





TRAVEL INFO

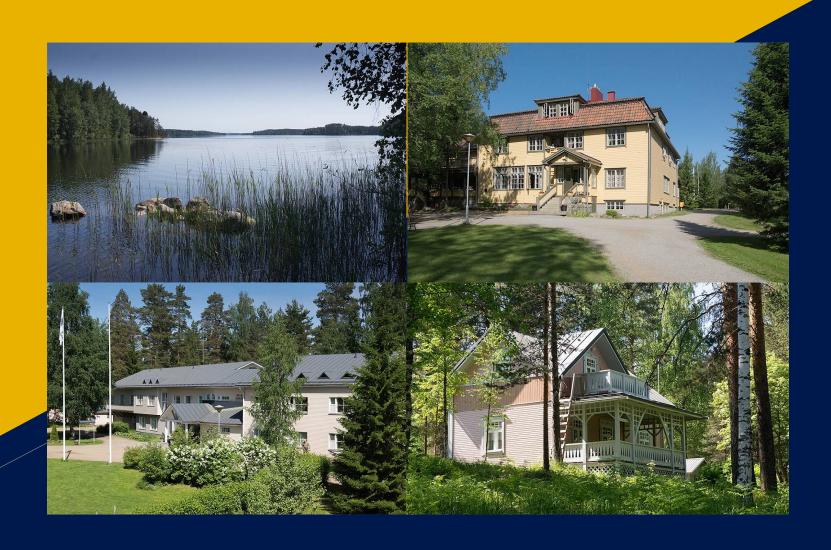
Option 1

Punkaharju municipality is located 350 km north from Helsinki. Organized transport will be provided at 19:00 pm from the Airport so please pay attention on your flight tickets before booking. THE ARRIVAL TIME ON HELSINKI AIRPORT IT MUST BE NOT LATER THAN 18:00 FINLAND TIME

Option 2 (In case you didn't make on time) the last train to Punkaharju from Helsinki Airport is departing at 18:29 Finland time Check at: (https://www.vr.fi)

6:57 → 10:46	☼ 3 h 49 min	≺,1 transfer	InterCity 1 → Regional train 743	€18.20
10:19 → 13:57	> 3 h 38 min	≺,1 transfer	InterCity 3 → Regional train 745	€26.40
13:19 → 16:57	⊗ 3 h 38 min	≺,1 transfer	InterCity 5 → Regional train 747	€26.40
18:29 → 22:22	⊕ 3 h 53 min	≺ 1 transfer	InterCity 11 → Regional train 751	€30.30

ACCOMODATION



FINANCES



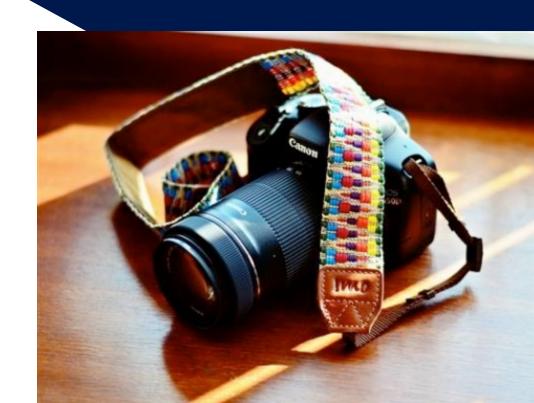
- The project is financed by the Erasmus+ programme. The costs related to accommodation and food will be covered 100% by the hosting organization and the travel costs will be reimbursed according to the Erasmus+ country standards.
- Make sure that you keep your all original travel tickets because they are needed for the reimbursement. Use only PUBLIC TRANSPORT. Before booking any tickets please contact us for approval of your ticket
- The currency in Finland is Euro.
- The maximum reimbursement of the travel costs are the following:

COUNTRY	MAX TRAVEL REIMBURSEMENT PER PARTICIPANT	
Ireland	275 EURO x 7 PAX	
North Macedonia	360 EURO x 6 PAX	
Greece	360 EURO x 6 PAX	
Sweden	275 EURO x 6 PAX	
Finland	20 EURO x6 PAX	

WHAT TO BRING

Equipment

- Since we will be shooting and editing movies during the project the participants will need to be prepared and have some equipment with them. For creating an amazing project we will need you to bring following things with you:
- Each national team needs to bring at least one lap top that would be compactable with movie editing programs, and at least one professional photo camera.
- Bring national food and drinks and a flag from your country for the Intercultural evenings.
- Positive attitude and an open mind to learning new things



We hope to see you soon...





FACILITATION AND LOGISTIC TEAM

Mende Sekulovski – <u>sekulovski12@gmail.com</u> Abdifatah Jama – <u>abdifatah.jama@gmail.com</u> Milcho Duli – milcod@gmail.com

UDUG ASSOCIATION

- MUSSE KUDUN
- +353899569700
- kudun1@gmail.com
- **(1)**

